

# MEDICAL ACUPUNCTURE REVIEW COURSE

## PURPOSE AND OBJECTIVES

The Medical Acupuncture Review Course has been developed to provide a broad-based refresher course on the major subject matter areas with which a well-trained physician should be familiar. The Review Course is especially useful as a refresher for those who obtained their acupuncture training some time ago and for those who are seeking an organized review prior to taking the ABMA Board Certification Examination. The overall objectives of the Review Course are to:

- Review and solidify previously acquired knowledge and experience in medical acupuncture.
- Reinforce understanding of the basic material appropriate for a physician practicing acupuncture in North America.
- Refresh the participant's exposure and awareness of certain specialized aspects of acupuncture not always utilized in traditional practice settings.

## NEED

Many physicians practicing medical acupuncture today obtained their original training a number of years ago. There are excellent training programs available where a physician can obtain initial training in medical acupuncture. There are also an increasing number of learning opportunities in specialized areas or in new areas of medical acupuncture. But, there are limited opportunities available for physicians to obtain an organized review of that original knowledge acquired years earlier. With the development of a national Board Certification Examination there is more definite need to have such a broad-based course available to assist those preparing for the examination. The Academy members have indicated in annual surveys that this is a definite educational need. As a result, the Academy's Education Committee developed the Review Course specifically in response to the education needs of these two groups of physicians.

## WHO SHOULD ATTEND

This Review Course is intended for those physicians who have completed a formal training program in medical acupuncture of 200 or more hours, or have obtained equivalent training through other means, and have one or more years experience in the clinical use of medical acupuncture. Those physicians who obtained their training four or more years ago should find the Review Course useful as a refresher to that original training. Those physicians who intend to sit for the

ABMA Board Certification Examination within the next 12 months should find the Review Course particularly helpful as an organized review of the basic areas of knowledge that would be covered in such an examination.

## ACCREDITATION

The American Academy of Medical Acupuncture (AAMA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Medical Acupuncture designates the Workshop for a maximum of **22** AMA PRA Category 1 Credit(s)<sup>™</sup>. Each physician should claim only those hours of credit that he/she actually spent in the activity.

## DATES, SCHEDULE AND HOTEL INFORMATION

### REVIEW COURSE Orlando, FL • April 20-21, 2010

#### Schedule:

Tuesday, April 20	9 am - noon 1:30 pm - 5:00 pm
Wednesday, April 21	8:00 am - noon 1:30 pm - 4:00 pm

\*Continental Breakfast and refreshment breaks will be provided. Luncheon is on your own

## LOCATION/SLEEPING ROOMS

The Review Course will take place at the Orlando World Center Marriott Resort, 8701 World Center Drive, Orlando, FL 32821. AAMA has obtained a special room rate at the Orlando World Center Marriott Resort: \$169 single/double. To get this rate, book your reservation at 407/238-8973. This rate is good until March 23, 2010 OR when the block sells out. After the deadline, room reservations will be accepted on a space and rate availability basis only.

## COURSE REGISTRATION

For a breakdown of costs, see the Registration Form in this brochure. Because of the home study aspects of the Review Course, you are encouraged to register for the Review Course at least four weeks before the meeting in order to have adequate time to complete the home study requirements.

Each participant is responsible for his or her own travel and hotel expenses. A participation form is enclosed for your use to register for the Review Course. Participation is limited. Reservations will be accepted on a first come, first served basis. See the cancellation policy on the registration form.

*Please note---The Review Course is optional. You are not required to take the Course in order to take the Board Examination. Nor are you required to take the Board Examination if you are enrolled in the Review Course.*

## COURSE ORGANIZATION

This course is organized into 6 sessions. The first two sections are Home Study sessions which require review of material and completion of case reports and study guide aides. Each Home Study section will take from 4-6 hours to complete. There is a homework requirement to be submitted to the course instructor at the beginning of the on-site session. Completion of all Home Study assignments prior to the on-site session is necessary for the student to obtain CME Credits for the Home Study as well as to enable full and effective participation of the student in the Review Course sessions.

The on-site portion of the Course is organized into four sections of 3+ hours each.

## HOME STUDY — PART I

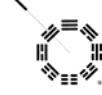
### Case Management Reports -Home Study (4+Hours)

The general objective for this section is to review the various types of paradigms and to reinforce the learning of the paradigm.

The student will select from his or her personal caseload three patients who have presented for medical acupuncture. The student will analyze each case according to a different operating paradigm of medical acupuncture and will suggest a treatment appropriate to the particular paradigm being illustrated. The student should be prepared to justify to other students in the course both the case analysis and proposed treatment.

The student will choose from the following formats of evaluation and treatment of the 3 cases. At least one must be from Group A and at least one must be from

## American Academy of Medical Acupuncture MEDICAL ACUPUNCTURE



### REVIEW COURSE REGISTRATION FORM

- Yes! Please sign me up for the AAMA Medical Acupuncture Review Course, April 20-21, 2010 in Orlando, FL:

	By	After
<b>FEES DUE (per person)*</b>	March 19	March 19

<input type="checkbox"/> Practice Member (Full, Associate & Military)	\$500	\$525
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<input type="checkbox"/> Non-Practice Member (Affiliate)	\$550	\$575
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<input type="checkbox"/> Non-Member	\$600	\$625
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**TOTAL ENCLOSED** \$ \_\_\_\_\_

*Payment in full in US dollars must be received by AAMA to reserve space.*

Charge the course fee(s) to my

VISA    MASTERCARD

\_\_\_\_\_  
Signature – Name as it appears on card

\_\_\_\_\_  
Card number

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Expiration date

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Print name as it appears on card

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Address

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City / State / Zip

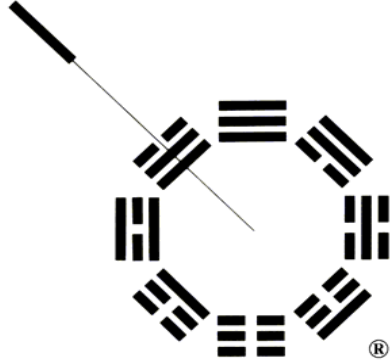
\_\_\_\_\_  
Phone

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Fax

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E-mail address

**\*Cancellation Policy: Written cancellations received after the Course Syllabus and Homework materials are mailed will be assessed a \$200 cancellation fee. Written cancellations received prior to the mailing of the Course Syllabus and Homework materials will be assessed a \$50 cancellation fee.** Typically the Syllabus materials are mailed within two weeks of receipt of registration payment.

COMPLETE REGISTRATION FORM. CUT OR TEAR OFF FORM AND MAIL WITH FULL PAYMENT



## MEDICAL ACUPUNCTURE REVIEW COURSE

COMPLETE  
REGISTRATION FORM  
ON THE OTHER SIDE  
OF THIS PANEL  
AND RETURN WITH  
PAYMENT IN FULL TO...

MEDICAL ACUPUNCTURE  
REVIEW COURSE  
SPRING 2010

AMERICAN ACADEMY  
OF MEDICAL ACUPUNCTURE  
1970 E. Grand Ave.  
Ste. 330  
El Segundo, CA 90245  
310/364-0193 phone  
310/364-0196 fax

Group B. The third case report may be chosen from any of the remaining categories.

- A-1. Neuroanatomic and Myofascial Acupuncture
- A-2. Six energy meridian acupuncture (Jing Mia, Jingloa treatment systems)
- B-1. San Jiao and Zang Fu Syndrome analysis and treatment (TCM)
- B-2. 5 phase or 5 element constitutional and functional analysis and treatment
- C Ear Acupuncture - 1 acute case report **plus** 1 chronic case report

References appropriate for these Home Study requirements can be found under the corresponding sessions for the on-site sessions of the program.

### HOME STUDY PART II

#### Didactic Review - Home Study (6+ hours)

The objectives of Section B are to review point groupings and their relationships; to review "command points" and associated elements; and to review the 5 phase model which is one of the most difficult models for physicians who have not been trained in that model.

1. Students will complete study guides and mark point locations on a study guide workbook for review of specialized points and point groupings.
2. Students will complete work sheets reviewing Chinese theories of the systematic correspondences within the 5 phase model of universal relationships.
3. Students will complete selected readings in the socio-economic context of acupuncture and reviews of certain specialized acupuncture micro-systems.

### ON-SITE SESSIONS

#### Organization and Teaching Methods

The on-site portion of the course utilizes didactic lecture, small group exercises and practice sessions, participant case presentations and questions and answer segments to review the following material:

### ON-SITE SECTION I

**Introduction: Course Goals and Format  
Neuroanatomic and Myofascial Acupuncture -- (3+ hours, including refreshment break)**

- A) Neurophysiologic research in acupuncture
- B) Modern myofascial acupuncture
- C) Classical tendino-muscular meridian zones and points
- D) Point Review
- E) Special systems
- F) Case Management Review

### ON-SITE SECTION II

**Acupuncture for Disturbances of the Creation and Transformation of Qi in the San Jiao and Zang-Fu**

### Paradigms — (3+ hours, including refreshment break)

- A) 8 principles diagnosis
- B) Classical descriptions of the forms of Qi
- C) Pathologic influences on the Zang-Fu organs, blood, fluid and energy imbalances.
- D) Point Review
- E) Special systems
- F) Case Management Review

### ON-SITE SECTION III

**Acupuncture and the Regulation of Qi via 5 Phase (5 Element) Paradigm. (3+ hours, including refreshment break)**

- A) Systemic correspondences in physiology and cosmology
- B) Biopsychotypes versus disturbances of physiology - governing officials
- C) Trigrammatic operators in the 5 phase model
- D) Special points
- E) Special systems

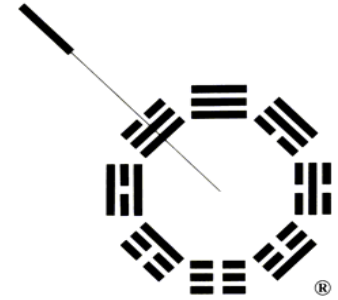
### ON-SITE SECTION IV

**Acupuncture for Disturbances of Channels (Meridians) and Their Energetic Connections (Jing Mai and Jing Lo system). (3+ hours, including refreshment break)**

- A) The 6 energies and their biopsychotypes
- B) Coupled and synergistic meridian treatments (n, n+1 system)
- C) 8 extra meridians
- D) Special points
- E) Special systems
- F) Case management review
- G) Conclusion: Review of sample questions, closing comments.



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REVIEW COURSE • SPRING 2010  
American Academy of Medical Acupuncture  
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REGISTER TODAY FOR  
April 20-21, 2010  
Orlando, FL